



Visiting mountain huts with children

Mountain huts are increasingly adapting to families with children by offering:

- meals in children's portions,
- inside kids' corners with toys,
- outdoor playgrounds,
- specialized furniture (highchairs, guards, stools, etc.),
- staff pays special attention to children's specific needs.

The certificate Family-Friendly Mountain Hut has been received by more than a quarter of mountain huts, in which the staff constantly strive to the best of their abilities to make the stay at the hut a pleasant and memorable experience for the youngest mountain climbers and their parents. These huts can be relatively easily accessed along well-maintained mountain trails and attractions for children are located in their surroundings.



Respect the environment and other hikers in the mountains.

Take your trash back to the valley.

Use water and other resources sparingly.

Designated quiet time at mountain huts is between 22:00 and 5:00.

Dogs are welcome at the huts, but they are not allowed to be taken inside into a hut.

You can reach mountain huts by following marked mountain hiking trails.

Mountain huts are trying to minimize their negative impact on the fragile mountain environment. Environment-Friendly Mountain Hut certificate has been awarded to one sixth of mountain huts.

Tradition and atmosphere

The first mountain huts were built over 120 years ago. Despite some renovation, they reflect respect for the tradition and heritage of the time in which they were constructed.

Most of the huts have a wood-burning stove or a fireplace, which creates a sense of warmth and cosiness, as well as comes in handy for drying wet clothes.

Within each hut there lies a story of its past, which is reflected in the hut's furniture and facilities – let the hut manager's kind words uncover the secrets of the hut and its surroundings.



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Mountain huts in Slovenia



PLANINSKA ZVEZA SLOVENIJE



Family-Friendly Mountain Hut
Familienfreundliche Hütte



PLANINSKE KOČE SLOVENIJE



BREATH IT IN



Culinary

Mountain huts have limited energy and water resources, and simplified logistics, so they offer a classic and tested, but still delicious menu of mountaineer dishes. The huts which are accessible by road have a wider selection of dishes. In all huts you will eat well, if you are an omnivore or a vegetarian, and most importantly, you will taste traditional homemade dishes.

The dishes to get you back on track are: jota (sauerkraut stew) with meat, ričet (barley porridge with beans) with meat, goulash, various casseroles, sausages, ajdovi žganci (crumbled buckwheat porridge), and additionally, pasta, soups, bograč (thick beef stew or goulash), gnocchi, and dumplings. Sweet tooths can



www.koce.pzs.si

Welcome!

A mountain hut invokes the notion of pleasant relaxation during a more or less demanding hike, or a mountaineering tour in a diverse natural environment. Mountain huts are a welcome stop on your way to conquer mountain peaks, a safe haven during bad weather or in difficult times, or simply a popular destination for many hikers and friends of the mountain world. Registered under the auspices of the Alpine Association of Slovenia, there are 164 mountain huts and 15 bivouacs in Slovenia. They are spread over the entire country, with the exception of Prekmurje.

Huts serve as checkpoints along many connecting paths, among which the longest are: the Slovenian Mountain Hiking Trail (56 huts), and the Slovenian Mountain Bike Route (54 huts).



Huts in high mountains are open during summer season, while other huts are mostly open all year long – some every day, some only during weekends. You can check mountain hut opening times at <http://en.pzs.si>

Mountain huts are also information points, where you can find out more about marked trails and their condition, nearby peaks, weather forecast, as well as learn about the local peculiarities and traditions.

SAVOUR IT



EXPERIENCE IT



indulge in a wide variety of strudels, pies, flancati (fried dough rectangles) and some hut-specific home-made desserts.

Overnight stays

What could be better than to wake up with a scenic view over the mountains and to breathe in fresh mountain air! In mountain huts it is possible to sleep either in small rooms with at least two beds, or, as a cheaper alternative, in a dormitory with more than 12 beds per room. The price of your overnight stay depends on the number of beds in the room - more beds in a room means lower price per bed. 50% or 30% discount on the price of accommodation is offered to the members of the Alpine Association of Slovenia and other organizations with which the Alpine Association has concluded a reciprocity agreement.

For an overnight stay in a high mountain hut during summer it is recommended to book a bed in advance. Your booking will hold until 17:00 on the day of arrival. We recommend using your own bedding. Wir empfehlen eigene Bettwäsche zu benutzen.



Information on mountain huts in Slovenia:
PZS Commission for Mountain Huts
Dvorakova ulica 9, SI-1001 Ljubljana
+386 1 43 45 683
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<https://en.pzs.si>

Information about the Alpine Association of Slovenia (PZS) membership:
+386 1 43 45 680; <https://en.pzs.si>

Buy your own bedding, guides, maps:
PZS mountaineering store
+386 80 18 93
<https://en.pzs.si/trgovina.php>

Visit the Alpine Museum in Mojstrana:
www.planinskimuzej.si

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